

**DISABILITY
AWARENESS
WEEK**

The Paralympic Committee, National Olympic Committee and Swaziland National Sport and Recreational Council will be bringing awareness of disability. Activities; including sitting Volley, will be organized around the Disability Day which is Monday, 25th September 2017.

The Disability awareness week will run from Monday, 18th to Monday, 25th September 2017 and awareness will be created through social media and other channels. Organizations are encouraged to join hands and spread awareness of disability through their channels.

The awareness seeks to ensure that every Swazi citizen participate in Sport regardless of ability.



DOPING WORKSHOP FOR EDUCATORS



Mr. Comfort Shongwe (Regional Anti-Doping Organizations' Board Member) addressing participants during the 2016 Anti-Doping Workshop

The Swaziland Olympic and Commonwealth Games Association in collaboration with Swaziland National Sport and Recreational Council reviewed the importance of developing a healthy culture of clean sport through education and will be hosting a Doping Workshop for educators.

The workshop dates are; Saturday, 30th September and Sunday, 1st October 2017 at the Olympafrica Sport Development Centre.

This workshop is obligatory for compliance of 2018 Membership and each association is encouraged to send one male and female, but at least one that will be responsible for their association's Anti-Doping Education.

Educators will be trained on developing a clean sport culture through value based education surrounding the issues of doping and the general well-being of an athlete.

Elements of the Course:

- * Promoting good values
- * Identifying a healthy sport culture
- * Nutrition
- * The risks of supplements
- * Doping risks factors
- * Periods when athletes are more vulnerable to doping
- * Preventing the use of prohibited substances
- * Protecting the clean athlete
- * The doping control process
- * Recognizing possible signs and symptoms of drug use
- * What to do if your athlete is doping



New President for the International Paralympic Committee

Andrew Parsons has been elected as the Third International Paralympic Committee President during the 19th General Assembly in Abu, Dhabi, UAE. Parsons has made major contributions to sport for athletes with disability. He is the President of Brazilian Paralympic Committee and member of Brazilian National Sports council. He has held various positions of Secretary General and President within the Paralympic Movement, he's also been Chef de Missions in various championships. He holds a Bachelor's in Marketing and Communications and speaks English, Portuguese and Spanish.